**1. Terms & Conditions**

**Last Updated: [Insert Date]**

These Terms & Conditions govern your use of the website [**www.risewithholly.co.uk**](http://www.risewithholly.co.uk) and the services provided by **Rise with Holly** (“we”, “us”, “our”). By using our website or booking our services, you agree to these terms.

**1. Use of Website**

* You may access our website for personal, non-commercial use only.
* You must not misuse our website (e.g., attempt to hack, upload viruses, or infringe intellectual property).
* We reserve the right to suspend or terminate access to anyone breaching these terms.

**2. Services**

* We provide coaching, online courses, retreats, circles, and related services.
* Service descriptions on our website are for informational purposes. We make reasonable efforts to ensure accuracy but cannot guarantee availability, outcomes, or results.

**3. Bookings & Payments**

* All bookings must be made through our official platforms.
* Payment must be made in full before accessing services.
* Refunds and cancellations are handled according to our specific policy outlined at the time of booking.

**4. Intellectual Property**

* All content on this website, including text, images, videos, and branding, is owned by **Rise with Holly**.
* You may not reproduce, distribute, or use any content without our written permission.

**5. Membership & Accounts**

* Memberships or course accounts are for individual use only.
* You are responsible for maintaining the confidentiality of your login credentials.

**6. Limitation of Liability**

* Our services are provided in good faith.
* We are not liable for any indirect, incidental, or consequential losses arising from the use of our website or services.

**7. Third-Party Links**

* Our website may contain links to external websites.
* We are not responsible for the content or practices of these websites.

**8. Governing Law**

* These Terms are governed by the laws of England and Wales.
* Any disputes will be subject to the exclusive jurisdiction of UK courts.

**9. Changes**

* We may update these Terms at any time.
* Updated Terms will be posted on the website with a new “Last Updated” date.